

Peri-Scope

ILSPAN Illinois Society of PeriAnesthesia Nurses

2006 ASPAN Component Newsletter Award Winner (9-14 page category)

President's Message

Beth Rieches, BSN, RN, CPAN

Fall 2007

Volume 31, Issue 3

Welcome back everyone. I hope that you all have survived the summer, having dealt with extreme heat and excessive rain. As we continue our adventure in advocacy, I have to admit that I am a little disappointed in myself. Our last discussion centered on ways that we can advocate for our profession. I have been remiss in discussing education. We must always remember that knowledge is power. On that note, I would like to congratulate *Linda Beagley* for receiving the ASPAN MSN Degree Scholarship and *Amy Matthews* for receiving the ASPAN BSN Degree Scholarship. Way to go ladies. I would like to remind all of you that there are scholarships available through both ASPAN & ILSPAN.

As we continue our adventure I would like to focus this message on ways to advocate for our specialty. You have taken the first step by becoming a member of your specialty organizations, ASPAN & ILSPAN. Is there anything else that you can do?

I am so glad that you asked. Of course there is. ASPAN and ILSPAN provide Recruiter of the Year awards for recruiting new members.

Encourage membership at your workplace. Another thought that I have had recently is educating others on the healthcare team about what we do. When you think about it, do the nurses on the floor really know what it is that we do? They think that we check in our patients pre-op, then sit taking vital signs and give pain meds post-op. You know we do a lot more than that. Ask some of the charge nurses or managers if you can give an in-service during their staff meeting. This will not only promote our specialty, but it should help with understanding among units. I have also had the opportunity to speak with nursing students this summer who have been at our hospital doing internships. When you think about it, if floor nurses who we get/give report from/to don't know what we do, how can nursing students have any idea



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Treasurer's Report April 2007 to September 2007
Jeanette McAllister, RN, CAPA



Balance in Checking Account \$ 10,985.60

Certificate of Deposit \$10,000.00 @ Apy of 5.3%

A budget was proposed, adjusted and approved by the ILSPAN BOD at the meeting in Bloomington, IL on July 14, 2007. All bills except those outstanding for Fall Conference, 2007 are paid.

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Fall is upon us here in Northern Illinois. Fall is my favorite time of year. It is also the time of year that education kicks into high gear. The kids have gone back to school for the year. Hopefully you will further this education spree by attending a nursing conference to advance your perianesthesia knowledge. For those of you who have not heard, the new Illinois Nurse Practice Act has passed in both of the Illinois Houses, and is awaiting a final signature from Governor Blago-

jevich. This new nurse practice act will require 20 contact hours of education with each two-year license renewal. Education is becoming even more important for the practicing ILSPAN nurse with this new law.

It is that time of year again to ask the membership for help. In 2008, three ILSPAN Board of Directors' positions will be elected; Vice-President/President-Elect, Treasurer, and District II Director. If you are in-

terested in one of these positions, fill out a Willingness to Serve form and send it to me by December 31, 2007. (Contact info on the form.) A Willingness to Serve form is in each issue of *Periscope*, or find it online (www.ilspan.org.) If you have any questions about these positions please contact me or the current board member. Contact information for the Board is on page two of *Periscope*. I hope to hear from many of you!

President's Message

(Continued from page 1)

of what we do. I was very happy with the results of these in-services. Before I spoke with the first group of students two volunteered to come into our PACU. I was able to speak for about 8 minutes before being paged back to my unit because of a large census & short staffing. I left the students with copies of *Peri-Scope*, *Breathline*, *JoPAN*, & the ASPAN Standards to review. We ended up with an additional three students (about half of the class) coming to the PACU. Another way to promote our specialty is to take the ASPAN Standards to those departments that could use them, but perhaps don't know it: the Cath lab, GI lab, x-ray procedure rooms and OB recovery. This will not only promote our specialty, advocate for the patient but will promote an atmosphere of teamwork. Consider yourself an Ambassador of perianesthesia practice!

Education is a great source of power. Educate yourself. As I write this message ILSPAN is gearing up for the Fall Confer-

ence in St. Louis. We should count ourselves very lucky to have our speaker Deborah Dlugose, RN, CCRN, CRNA. Thanks to our Fall Conference team, Boni Hart, Darlene Meyer, Kim Kraft, Marigrace Clarke & Beth Rosenthal for all the hard work they did. I want to thank all of the others who worked behind the scenes to make the Fall Conference a success. I hope that many of you were able to attend. We also try to have ASPAN sponsored educational events throughout the state annually. Planning has begun for the Spring Conference 2008, to be held in the Chicago area. Anyone wishing to help with this can contact District I Director Karen Wessels. (Contact info on page 2.) I'm sure she'd appreciate your help. Please, let's not forget the granddaddy of them all, the ASPAN National Conference, which will be held May 2008 in Dallas, Texas. Take advantage of the many great opportunities for education & growth.

Finally, one of the best ways to advocate for our specialty is to become certified. The American Board of Perianesthesia

Nursing Certification, Inc. (ABPANC) sponsors the certification program for CPAN & CAPA certification. The road to certification must be carefully planned. Time slips quietly away as you prepare for the 3-hour test. You must take the time to study. Get your co-workers to accept the challenge & form study groups. Get your anesthesiologists involved to help you prepare. If your weakness is OB, call up the OB educator to see if she can put together a lecture that will bring home the points to you. The test, I will admit is not an easy one – truthfully it shouldn't be – when you get that letter in the mail saying you have passed & are now CPAN or CAPA certified, it is one of the best feelings in your professional career. Be proud of your accomplishment! If you attend the ASPAN National Conference be sure to attend the CPAN/CAPA breakfast to celebrate with your peers. There are so many ways that we can not only advocate but also celebrate our specialty practice & the care we give our patients.

Welcome New Members who joined May, June, July & August 2007

**Members live in Illinois
except for those indicated as
MO in District III**

DISTRICT I

Janet Bacher, Chicago
Janet Becker, Huntley
Linda Burns, Crystal Lake
Kathleen Campbell,
Schiller Park
Zenaida Chia-Presto, Mokena
Kathleen Downy, Bourbonnais
Laarni Dumlao, Oak Forest
Pamela Falotico,
Indian Head Park
Diane Freier, Freeport
Christine Gayle, Hazel Crest

Simone Gonzales Benitez,
Westchester
Evelyn Greene, Chicago
Barbara Guido, Libertyville
Toni Ketterman, Barrington
Mary Jo Luke, Hinsdale
Crystal Mobley, Chicago
Melissa Parks, LaGrange Park
Julianne Post, Kankakee
Christine Schultz, N. Aurora
Patricia Zeller, Glenview

DISTRICT II

Debra Boaz, Decatur
Kathleen Bracy, Quincy
Debra Brown, Rock Island
Tina Bush, Bloomington

Danyll Cox, Arcola
Jane Fisher, Charleston
Lisa Peck, Forsyth
Maureen Woodard, Harristown

DISTRICT III

Colleen Becker, St. Jacob
Sue Kramer, Webster Groves MO
Rhonda Mense, St. Libory
Kathleen Rizzo, Creve Coeur MO
Lisa Weiss, House Springs MO
Cathy Whiteside, Fairview Hgts
Erna Wood, Saint Louis MO

Immediate Past President's Report

Peggy McKillip BSN, RN, CPAN

Now is the time to be thinking of the holidays and time with your family. Mixed in with that, it is also time to think of educational opportunities. Many of you are either already certified or thinking of sitting for the certification exam. In either case, seminars and education are becoming a part of your life. Professionalism is the natural outcome of education.

Recently, my department started recovering a group of patients that had previously been sent directly to ICU. To prepare for these patients the staff attended a Saturday workshop given by the Cardiovascular Services Educator. We have added to our stock medications albumin and different strengths of potassium piggybacks. We have added to our supplies the chest tube drainage

system these surgeons prefer. We have routine orders for protocols never before used. We have all been trained on the ISTAT machine. I feel that the fact that many of my coworkers have studied and become certified made it easier for them to learn different techniques for patient care. They are professionals.

Governmental Affairs

by Peggy McKillip BSN, RN, CPAN

Change is the overriding theme in healthcare today. This change is related to every other change in society. Medicare, Social Security programs and pension plans are being threatened. There is a growing income gap among differing populations in the United States which puts a strain on all of our social programs including those affecting health-care.

Centers for Medicare and

Medicaid Services(CMS) has proposed a reduction in reimbursement to physicians and other healthcare professionals of 2.6 billion dollars for 2008. This proposed rule is comprehensive and encompasses many aspects of healthcare.

Many factors are affecting healthcare today and most are financial. More of these factors will become evident throughout the year. Doing more for less is a predominant theme.

Interesting web sites to browse
are:

www.cms.hhs.gov

&

www.ssa.gov

District I Report

The requests are in and ASPAN has been contacted regarding a MARCH 2008 Seminar to include CAPA and CPAN Reviews. Three possible dates have been submitted to ASPAN as well as the location of choice in Oak Brook, IL. As details are confirmed there will be mailings with further information.

Karen Wessels, RN, CPAN

Mark your calendar
Save the date
April 5, 2008
ILSPAN Spring Conference

Regarding an ILSPAN sponsored Spring Conference and Meeting, I have contacted potential speakers, but have had little success thus far in firming up any details...I'm open to suggestions! Tentative date chosen for the Spring Conference and Meeting is Saturday, April 5, 2008

District II Report

It is hard to believe that summer is almost gone. With fall comes a renewed interest in learning. I was glad to see some District II members at the ILSPAN Fall Conference in St. Louis. It was an exciting conference.

Interest has been expressed in District II for half-day seminars. These seminars would present members with the opportunity to increase knowledge and earn contact hours for recertification for CPAN/CAPA and Illinois

Wanda Ellenburg, BAN, RN, CPAN

licensure renewal, which everyone will need for renewal of Illinois nursing license in 2010. There will be more information on these seminars as this is in the early planning stages.

CPAN and CAPA certification is the goal for many nurses in the perianesthesia setting. There is a group of nurses in Springfield interested in a special test site in Central Illinois. I will be applying for a special test site in Springfield for the spring 2008 exam.

Now is the time to begin developing a study plan if you are interested in either the CPAN or CAPA examinations. Typically most test candidates begin to study six to eight months prior to the exam date. Remember to contact ABPANC for the application to sit for the exam. There are deadlines for submission of the application.

District III Report

What a wonderful quarter this has been! On September 22nd, we hosted a very successful Seminar at DePaul Health Center in St. Louis. Our guest Speaker, Deborah Dlugose, RN, CCRN, CRNA led us through a day full of pertinent information about our specialty and we learned a great deal about "Anesthesia Perils". If you ever get a chance to hear Deborah teach, don't miss it! We were able to welcome ILSPAN members from several different states. My heartfelt thanks goes out to the

Bonita Hart, BSN, RN, MA

members of the committee, Mari-grace Clarke, RN, CAPA, Kim Kraft, RN, BSN, CPAN, Darlene Meyer, RN, BSN, CPAN and Beth Rosenthal, BSN, RN. Thanks to Kathy Harris, RN for helping with the handout folders. Jeanette McAllister, RN, CAPA, ILSPAN Treasurer, provided excellent fiscal guidance and did a great job managing registrations.

With all this behind us, I am looking forward to becoming more familiar with my role as District III Director and hopefully will get

to meet more ILSPAN members. Please don't hesitate to contact me for any questions about our organization or upcoming events



Board of Directors Meeting Minutes (Synopsis)

(complete text on the web site @ www.ilspan.org)

July, 14, 2007
Bloomington, IL

ILSPAN BOARD OF DIRECTORS MEETING Saturday July 14, 2007 Bloomington, IL

ATTENDANCE

Beth Reiches, Peggy McKillip, Kelly Logli, Sylvia Baker, Jeanette McAllister, Karen Wessels, Wanda Ellenburg, Boni Hart, Marigrace Clarke, Kim Kraft, Mary Cochran, Corinn Desmond

UNFINISHED BUSINESS

1. Budget for 2007-2008:

Jeanette presented a proposed budget for 2007-2008. An intense discussion took place to try to work out a budget with less deficit spending. (All figures can be found in the minutes on the ILSPAN web site) Decreases were made in Computer Stipend, BOD per diem, RA reimbursement and to decrease the number of issues of *Peri-Scope* to three issues per year. Those who pass the CPAN/CAPA will now receive \$10.00 in ILSPAN bucks. The budget now reflects income of \$16,585.40 and expenses of \$17315.00. Motion was made by Boni and seconded by Kelly to accept the budget. The motion carried. The ILSPAN Policies will be written to reflect these budget changes.

2. Jeanette raised the question of non-board members sharing a room with BOD members. Karen moved that non-board members, staying in an ILSPAN room will be expected to pay the ILSPAN treasury their portion of a room when rooming with BOD members. (Policy 5-1) Kelly seconded this motion; motion carried. **3.**

2007 Fall Conference Plans/ Update. Boni reported that the

CEU application packet has been sent. Vendors are responding. A menu has been chosen. The speaker will send a large handout so participants won't have to take notes. **4.** Evaluate/Update Strategic Plan. The plan was reviewed and Kim will put the information into a grid to better monitor progress. **5.** Transition Checklist Finalization. If the transitioning BOD members have not accomplished this, it should be done at the end of this meeting today.

Both BOD members need to sign the form. **6.** Newsletter information. Marigrace, Kim and Sylvia will revise the newsletter policy to reflect three issues per year at the conclusion of today's meeting. The revision will be emailed to BOD members. Next newsletter deadline is: September 1, 2008. **7.** Jan Ridder Award. Kim Kraft was the recipient of this award.

NEW BUSINESS

1. Gold Leaf Award. Beth received a printout to help guide us as we continue to pursue this illusive award. One activity that can help us with community efforts would be for us to make a donation to support Linda Beagley's mission trip to Kenya. Sylvia moved that ILSPAN donate its donation monies in the amount of \$250 to Linda Beagley's mission trip. Kelly seconded the motion. Motion carried. Another area that ILSPAN needs to improve upon is that of involvement of members on national committees. Beth encouraged all BOD members to fill out a willingness-to-serve form when it becomes available with the deadline of October 31. Research education is another area that we could see increased involvement. To accomplish this, Corinn Desmond offered to write an article for the *Peri-Scope*. Kim will review a re-

search article and submit a synopsis to the *Peri-Scope*. To encourage component support of student nursing, Marigrace will invite a student nurse to Fall Conference. Beth also realizes that several topics need to have documentation accompany the application. Resolution of these issues should help propel ILSPAN to the winning platform. **2.** Component Development Institute (CDI). Albuquerque is the location of this year's CDI. ASPAN will comp registration for two ILSPAN members. The dates are September 7-9, 2008. **3.** Spring meeting and ballots for voting. Marigrace brought up this topic from the last BOD meeting. Discussion centered on the cost of postage with only a fair return of ballots. If ILSPAN continues with this effort, ballots would go out with the February newsletter. An alternative is that ILSPAN could hold a vote of members present at the Spring General meeting. It was felt that there could be a very real problem regarding representation with the meeting being held in the Chicago region and very few members from District III attending, District I membership would make the decision of who would be the Director for District III. Kelly suggested that we hold the vote at the meeting and offer an "absentee vote" via the website for members who would not be able to attend the meeting. After a great deal of discussion it was recommended that the BOD notify membership about a change in the bylaws governing elections (section 6.2). The amendment to the Bylaws shall read: "The officers and Board of Directors shall be elected by a simple majority of members present at the general meeting and absentee votes submitted by the published

(Continued on page 7)

Many nurses have questions or concerns regarding the need for patients to void post op and prior to discharge. To answer this question, I'd refer readers to the 2006-2008 Standards of PeriAnesthesia Nursing Practice, Resource 4. This resource delineates Discharge Assessment: Phase II and states that "data collected and documented to evaluate the patient's status for discharge include, but are not limited to...voiding." *PeriAnesthesia Nursing Core Curriculum* edited by Donna M. DeFazio Quinn and Lois Schick addresses Ambulatory

Surgical Nursing Competencies. On page 1269 the editors state, "Discharge criteria should be based on outcome criteria following the nursing process and included the following but are not limited to ... able to void as related to procedure..."

At the institution where I practice, we do not require voiding prior to discharge UNLESS the surgical procedure indicates the need for this. We do require patients who have had epidural/spinal anesthesia to void prior to discharge.

Have a Clinical Practice Question???

Log on to the ASPAN web site at www.aspan.org and use the drop down Clinical Practice menu to ask your question.

Thanks to these top ILSPAN Recruiters

Linda Beagley & Karen Renn

each recruited 3 new members.

Call for Nominations

Please submit a

Willingness-to-Serve Form

(found on page 13 or on the ILSPAN web site: www.ilspan.org)

Offices to be elected in April 2008 are

Vice-president/President Elect, Treasurer and District II Director

Names of nominees along with biographical information will be in the Winter Peri-Scope published in February.

Submit by January 10, 2008

BOD Meeting Minutes (Synopsis)

(Continued from page 6)

deadline in the PeriScope." Sylvia moved and Wanda seconded. Recommendation carried. **4.** BOD meeting dates for 2008. Kelly has chosen the following dates for 2008 BOD meetings. They are: January 19, April 5 (Spring Conference) with BOD meeting April 4, July 12 (two day meeting), September 20 (Fall Conference) with BOD meeting September 19. **5.** Credit Card. Marigrace brought up that the credit card should be used for purchases of \$15.00 or more. It was pointed out that Marigrace is NOT out of compliance with this policy.

Respectfully submitted by Sylvia J. Baker RN, BSN, CPAN Secretary pro-tem, Illinois Society of Perianesthesia Nurses

Full text of BOD minutes from September 21, 2007 can be found on the ILSPAN web site at www.ilspan.org

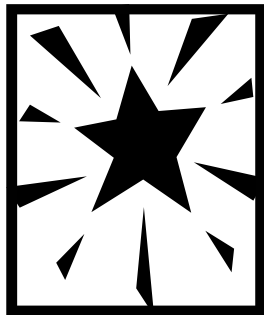
PeriAnesthesia Nurse Awareness Week

February will be here before you know it. What will your unit do for PANAW? The ASPAN Membership and Marketing Committee has been hard at work selecting items for the catalog watch for it in the mail. Order your items early to be sure you get what you need.

February 4-10, 2008



ILSPAN PANAW Award
This award is given a peri-anesthesia unit for celebrating PANAW. Watch for the application deadline in the Winter *Peri-Scope* to be published in February, 2008. Contact Kim Kraft, ILSPAN Membership & Marketing Chair for more information. (Contact information on page 2.)



Service Excellence

ASPAN Star Recognition Program

This ASPAN program honors member for their contributions. Full criteria can be found on the ASPAN web page under Members/Awards. Deadline for submission is March 31, 2008. Nominate one of your colleagues now!

Editorial Comment

by Marigrace Clarke, RN, CAPA

Change is a fact of life. This is true in both personal and professional life. Change is not always easy but many times necessary. As you read this issue of *Peri-Scope* you may notice a change. This issue came later than you may have expected it. This reflects a change in number and times of publication. (See box on the back page) As you read the synopsis of the BOD minutes you will notice some changes. The ILSPAN Board of Directors is working very hard to be fiscally responsibly to you the members. Please log on to the ILSPAN web page at www.ilspan.org and read the entire text of the minutes.

This all-volunteer board is trying to keep the budget balanced and yet give you the members educational and scholarship opportunities. The board is working to keep you informed of important information that affects your practice. This is a difficult task that takes time and effort. From my experience it is worth the effort. New friendships formed through the years will last, networking opportunities throughout the country are vast and knowledge gained has helped me be a voice for perianesthesia nursing. My first experience with ILSPAN started years ago just because I needed a roommate for the PAC meeting in Chicago. I had joined ASPAN as a charter member but had never attended a PAC meeting. It was in Chicago at

PAC that I found new friends to network with and as some say "the rest is history".

As 2008 approaches I am looking at some changes in my life. I will be helping the ILSPAN Board start a search for a new editor for *Peri-Scope*. This is a very rewarding job. It is a great learning experience. I have enjoyed it tremendously but at the end of 2008 I would like to resign as editor. Please consider helping the Board in this search. If you know of someone who would be interested in becoming the editor please let me or any of the Board know. Become an advocate for perianesthesia nursing, be the voice.

The Joint Commission (JC) determined “inadequate communication between caregivers occurs during patient hand offs & results in lost information, misinterpretation, & misdirected actions 70% of the time when a sentinel event occurs.” To correct this problem, JC created National Patient Safety Goal 2E requiring healthcare institutions to implement a standardized approach to hand-off communications, including the opportunity to ask & respond to questions” (Crum, 2006). To meet the requirements of Goal 2E, many institutions are developing a formalized process for patient hand-offs. Hand-offs should give the receiving nurse the essential information needed to provide for continuity of care for the patient. Hand-off reports need to provide the opportunity for the receiving nurse to ask questions & to receive answers.

Patient hand-offs occur in the perioperative setting when a patient is transferred from one area of care to another, such as the pre-op unit to the OR, the OR to the PACU, & the PACU to the nursing unit. JC guidelines require there be a standardized process for the transfer of information about the patient’s condition & treatment as the patient moves from one area to another. Written checklists are frequently combined with a verbal report. Report needs to take place in a secluded area to ensure patient privacy & to allow the staff to focus on the information being exchanged. This environment facilitates the receiving staff to ask questions, as team members & activity in the room do not distract them. The same process applies to receiving the patient into the PACU. Arrival in the PACU is a busy time for the staff, there are many tasks competing for the team members attention, including report & patient assessment. Frequent interruptions in-

crease the chances of information not being relayed or fully understood.

There are several formats that can be used to facilitate the sharing of patient information. One format frequently used is the SBAR method. SBAR refers to Situation, Background, Assessment, & Recommendation. Situation refers to the patient’s current condition. Background refers to the patient’s history. Assessment is the patient’s current physical status. Recommendations include any outstanding orders that need completed. An example of an SBAR report to the oncoming staff nurse would be: Situation: Mrs. S is a 45y/o patient for Dr. X who arrived in PACU at noon following a laparoscopic cholecystectomy. Background: NKDA, history of hypertension treated with medication that she took this AM. Assessment: BP 124/75, Pulse 74, Respirations 20, Temperature 36.2, O2 Sat 95% on 2L NC, pain scale 2, she has received no pain meds, three abdominal scopes sites clean & intact. Recommendations: waiting for a room assignment, PCA pump has been ordered from Central Supply, & family is in the waiting room. The SBAR format can be used for nursing report & for nurse to physician communication.

Poorly performed patient hand-offs can convey inappropriate or incomplete information. “A standardized approach to patient hand-offs ensures accurate & succinct hand-offs” (Schroeder, 2006). A standardized approach to report allows staff to use the same format, the report needs to be in a private setting to maintain patient confidentially, provide current information, be concise, don’t report irrelevant information, don’t make critical or inappropriate comments, & don’t share information with any-

one who doesn’t need to know” (Schroeder, 2006). The use of a template allows all staff to include the same type of information in the report. The template avoids long & disorganized reports. It provides staff with a guideline on the information to include in report. It also allows the receiving nurse to know the type of information they will receive. A complete report allows for better patient care. JC will be evaluating patient hand-offs as they make their visits to healthcare institutions.

ASPAN addresses the safe transfer of patient care in Resource 10 in the 2006-2008 Standards of PeriAnesthesia Nursing Practice. This resource lists the information to be included in the report, whether verbal or written. It also states there needs to be an opportunity to ask questions. The information listed is the same information needed to complete the SBAR format and the recommendations from JC.

References:

- Crum, B. (2006, December). Standardizing hand-off processes. *AORN Journal*, 84(6), pp. 1059-1061.
- Schroeder, S. (2006, October). Picking up the PACE: a new template for shift report. *Nursing* 2006, 36(10), pp. 22-23.
- The American Society of PeriAnesthesia Nurses (2006). *2006-2008 Standards of PeriAnesthesia Nursing Practice*.

**Congratulations to the
ILSPAN members
who certified in
April 2007**

CPAN Certification

Roberta Fein
Lari Garber
Judith Manipon
Terri Monday
Mary Ann Tan
Debra Walker

CAPA Certification

Susan Dahl
Phyllis Ramos

**Future Certification
Exam Dates**

The CPAN® and CAPA® exams are given twice a year, at sites around the country. The first Saturday in November and on the Sunday preceding the opening of the ASPAN National Conference.

**2008 test dates are:
May 4, 2008 and
November 1, 2008**

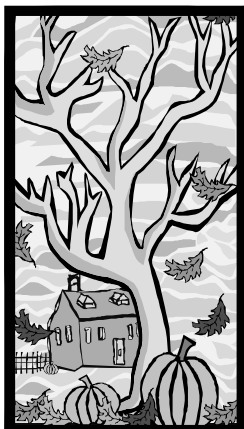
Visit the American Board of Perianesthesia Nursing Certification, INC (ABPANC) web site at cpancapa.org for more information

**ILSPAN CPAN/CAPA
Certification
and
Recertification
Scholarships
for 2007**

Those who certified or recertified in 2007 will be eligible for these scholarships. An application form can be requested from the ILSPAN Secretary. (information on page 2) You can download the point sheet from the ILSPAN website at www.ilspan.org. These awards will be presented in September, 2008.



**ILSPAN
Fall Scholarship
Congratulations to
Mary DeCook
Winner of the Fall
Conference
Scholarship**



**Fall Conference Raffle
Winners
Baskets**

Anne Barber
Linda Beagley
Sherry Harvell
Maureen Woodard

Books

Cathy Whiteside
Erni Wood



Thanks

The following vendors who supported ILSPAN at our fall conference:

CheckSite Medical Inc.

Elsievier

Aspect Medical Systems

PDL Bio Pharma

Arizant Healthcare

**ASPAN 1st Quarter
Strategic Plan Update
can be found online at
www.ilspan.org**

Greetings ASPAN colleagues!

The other day I received my fall issue of the Missouri State Board of Nursing newsletter. As I was scanning through it, a paragraph heading caught my attention. It simply stated "Your Role in the Legislative Process". I stopped to read the paragraph and was amazed by the fact that according to a past issue of the *Johns Hopkins Nursing* (Fall 2003) it was estimated that 1 of every 45 potential voters was a nurse, yet as a profession we lack the clout that these numbers would suggest. My interest was piqued...I went online and found the issue. (<http://www.son.jhmi.edu/JHNmagazine/archive/fall2003/>)

The author interviewed Rosemary Mortimer, MSN, RN, an instructor at the Johns Hopkins University School of Nursing. Mortimer and her colleagues are not only preparing nurses to practice in the real world of patient care but to "look beyond the hospital...that nursing is very much part of world of politics and policy-making."

You can be a force

The message is a simple one – Get Involved. Do you realize that state lawmakers establish the rules that govern our profession, most of whom have no background in health? Nurses are a force to be reckoned with – based on the 2004 National Sample Survey of Registered Nurses (NSSRN), over 3,252,548 licenses to practice as registered nurses in the United States were held by an estimated 2,915,309 nurses. (<http://bhpr.hrsa.gov/healthworkforce/rnsurvey04/>)

Nursing advocates have identified two reasons that nurses have not been involved. The first is the demand on nurses' time; between work schedules and family demands, healthcare public policy is not a priority. The second reason, and perhaps the more important reason, is money for lobbying. According to Mortimer "The lobbying power in health care has always been in medicine because they have the money." Physicians, hospitals and insurers have deep pockets and can devote more money to political and lobbying efforts.

You can shape the future

Meanwhile, there is no lack of issues for nurses to focus on at the national or state level. As a licensed professional, you do

have a voice in shaping the future of healthcare. You can meet with, call write or email your legislators. Let them know how to reach you, your area of expertise and that you are willing to give them information on issues related to nursing. As an ASPAN member you are part of an organization that is moving forward toward becoming the influential force for perianesthesia patient safety, public policy and practice standards.

As Rosemary Mortimer says, "If we as nurses are not involved in the political process, we will always be destined to be standing behind the tables of power."

**"Be the Voice"
for our Patients, Practice
and Profession...**

**2008 Jan Ridder
Excellence in
Clinical Practice
Award**

This award honors the perianesthesia nurse who exemplifies excellence in clinical practice.

It is named after ILSPAN Past President, Jan Ridder.

Applications are now being accepted for this award. Download the application packet from the ILSPAN web site. Postmark deadline December 31, 2007

**Congratulations to ASPAN Region 3 Director
and ILSPAN Web Editor**

Kim Kraft, BSN, RN, CPAN

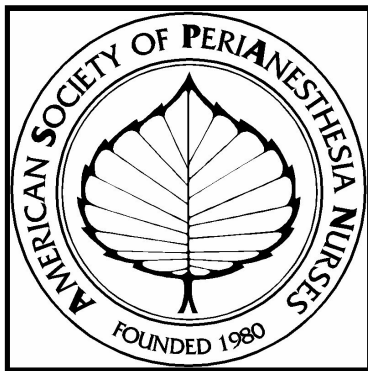
**who received the ILSPAN Jan Ridder
Excellence in Clinical Practice Award 2007**

ASPAN National Conference May 4-8, 2008

Come on down to Texas by Lori Sanders, BSN, RN, CPAN

Member of the ASPAN National Conference Strategic Work Team

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It may be a little early, but we want to invite you all down, May 4-8, 2008 for a little Texas hospitality! The 2008 ASPAN National Conference will be held at the Gaylord Texan in Grapevine, Texas. Grapevine is located smack dab in the middle of the Metroplex, which is the area encompassing Dallas and Ft. Worth. There are literally hundreds of things to do and see in these surrounding cities so it would be a great place to bring the entire family for some well needed R&R!

The Gaylord Texan is a phenomenal hotel that is built in a similar style to the Gaylord Palms where our 2006 Conference was held. However, it has some great Texas flair. It houses six different full service eateries as well as an ice cream shop for the kiddies (or those of us who still think we are) and a lovely coffee and pastry shop.

The hotel also boasts a new wine bar that has an Enomatic system. This works as a kind of wine vending machine that allows you to sample up to 48 different, expensive wines that are normally not sold by the glass. What a fun place to relax with your colleagues!

The Metroplex has so many amazing activities that the entire family can enjoy. The hotel offers shuttle service to the Grapevine Mills mall with movie theaters and skate boarding park as well as Grapevine Main Street that has lots of little eclectic shops, tea houses and eater-

ies. The Bass Pro shop is one of the largest sporting good stores around so you or your favorite outdoor enthusiast could get lost there for hours.

Also, close by is the Ft. Worth Stockyards. Twice a day, the Stockyards have a simulated cattle drive so you can watch the longhorn cattle amble by while shopping for beautiful western jewelry and decor. However, if you prefer the Dallas area, you could visit the original Neiman Marcus or tour the Sixth Floor museum and Grassy Knoll. If all that doesn't entice you to come on down to Texas, don't forget that the ASPAN National Conference is a great place to learn and network with perianesthesia nurses from all over the country. We are honored to host you and look forward to putting on a conference you could really yee-ha over!

**Ya'll come on down now,
ya hear?**

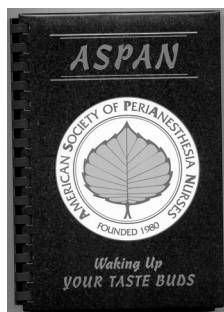
Looking for a nice gift?

Order the ASPAN Cookbook

“Waking Up

Your TASTE BUDS”

Order form on the ASPAN web site: www.aspan.org



ASPAN National Conference Scholarship

ILSPAN offers scholarships to help defray the cost of the ASPAN National Conference awarded on a points system.

Request

an application from Vice President Kelly Logli

Contact information on page 2

You can download the point sheet from the web page at

www.ilspan.org

**ILSPAN
WILLINGNESS TO SERVE FORM**

Name _____

Address _____

City, State, Zip _____

Home Phone _____ E-mail _____

ASPAN Membership # _____ Place of Employment _____

Please circle position of interest:

- BOD position _____
- Editor/publication committee
- PR/Marketing
- Computer networking

Previous experience that will help me: _____

My goals for this position: _____

Questions I have: _____

Submit form on line at www.ilspan.org or mail to:

Kelly Logli, BSN, RN, CPAN
12311 Empire Street
Loves Park, IL 61111

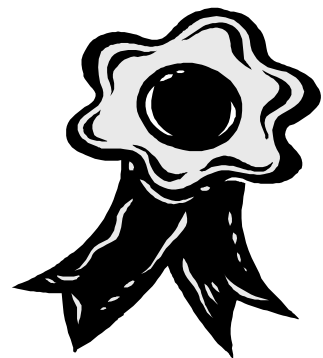
ILSPAN Awards and Scholarship Information

ILSPAN Awards include the following:

- ◆ CPAN/CAPA certification
- ◆ CPAN/CAPA recertification
- ◆ Recruiter of the Year
- ◆ ASPAN National Conference Scholarship.
- ◆ Spring Conference Scholarship
- ◆ Fall Conference Scholarship
- ◆ PANAW Award

For more information on these awards visit the Scholarship section of the ILSPAN website at www.ilspan.org.

Many of the awards go unclaimed because no one applies. Contact us through the website if you have questions.



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ILSPAN

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EFFECTIVE CARE FOR PATIENTS , THEIR FAMI-
LIES, & THE COMMUNITY, THROUGH PUBLIC
& PROFESSIONAL EDUCATION, RESEARCH &
STANDARDS OF PRACTICE

ILSPAN on the web at www.ilspan.org

Looking Ahead.....

ASPAN Willingness to Serve Forms Due.....October 31, 2008
ILSPAN Winter Board Meeting, Bloomington, IL.....January 19, 2008
PANAW.....February 4-10, 2008
CPAN/CAPA Exam Postmark deadline for May, 2008 exam.....March 4, 2008
CPAN/CAPA Recertification Application deadline.....April 1, 2008
ILSPAN Spring Board Meeting.....April 4, 2008
ILSPAN Spring Conference, Chicagoland area.....April 5, 2008
ASPAN 27th National Conference, Dallas/Fort Worth, Texas.....May 4-8, 2008
ILSPAN Summer Board Meeting (Two-day) Bloomington, IL..... July 12-13, 2008

Watch your mailbox for the ASPAN Winter/Spring Seminar Brochure.

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