



PRESIDENT'S MESSAGE

JANE REINSCHMIDT, BS, RN, CAPA

HAPPY NEW YEAR!

I hope you had time to enjoy the holiday season, time to reflect on the reason for the celebrations, time to spend with family and friends. I am grateful to co-workers who covered my shifts so that I could, for the first time, spend Christmas with my two granddaughters. I am grateful for those of you who spent the holidays at work. You sacrificed time away from home to care for patients during a vulnerable time both pre and post anesthesia. Those patients were blessed by your presence, your expertise, and your caring.



As we start this New Year, I want to express gratitude to those who keep ILSPAN moving forward. The Board of Directors with whom I am privileged to work is a dedicated group of individuals. Board Members are committed to ILSPAN, to perianesthesia nursing, and to ILSPAN's core purpose of serving perianesthesia nurses in Illinois and eastern Missouri.

OPPORTUNITIES ABOUND

In my previous messages, I have spoken about my passion for education. ILSPAN will provide multiple opportunities this year, beginning with the ILSPAN March 2012 Spring Conference in Arlington Heights, IL. I am proud that the conference will be held at the hospital where I work. Find more information about the conference on page 14. Always check "Looking Ahead" on the last page of *Peri-Scope* for future dates.

In April, ASPAN's 31st National Conference will be held in Orlando, Florida. If you've never attended a national conference, you don't know what you are missing! It will be a wonderful time of learning, networking, and yes, *FUN*. The location this year provides a perfect place to tie in a family vacation with the conference. Check out the information page 13 & 14, also see the ASPAN website, www.aspan.org.

For those who hold CPAN or CAPA certifications, encourage a co-worker to prepare and take the certification exam in 2012. As certified perianesthesia nurses, find ways in your organization to promote our nursing

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Treasurer's Report

Wanda Ellenburg, MSN, RN, CPAN

Report as of 1/10/2012

Certificate of Deposit \$10,851.57

Checking \$36, 912.82

ILSPAN encourages members to apply for the available awards, scholarships and grants. Contact any Board Member below for more information.

ILSPAN
Web site
www.ilspan.org

*Minutes from
ILSPAN Board
Meetings can
be found on the
web site.*

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President's Message

Jane Reinschmidt, BS, RN, CAPA

(Continued from page 1)

specialty. If you celebrated PeriAnesthesia Nurse Awareness Week (PANAW), enter the ILSPAN PANAW Award contest. See the details on page 16.

GOALS

One of my goals this year was to see increased participation in our organization. I am happy to report that we have members who have stepped up to participate for the first time. There are new names on the spring conference planning committee. Thank you to those volunteers. You are the future of ILSPAN. If you have not yet volunteered, I encourage you to fill out a willingness to participate form on page 17. You will find it to be the beginning of a most rewarding experience.

This is my last message to you as ILSPAN President. It is hard to believe that it has been almost a year since I first wrote to you in this role. I am appreciative to you, the ILSPAN membership, for providing me with this opportunity to serve; a humbling experience. This has been a year of learning a new role. For that, I am grateful.

Governmental Affairs

Sylvia Baker, MSN, RN, CPAN Immediate Past President



At the beginning of December, I attended an INA Summit. This all-day summit was called to help put perspective on the “BSN in Ten” initiative. Not having attended any previous summits, this experience proved to be very enlightening and informative. Here are the highlights:

1. “BSN in Ten” is the initiative to ensure that all RNs entering practice in Illinois will obtain a BSN within ten years after passing Board exam. After some discussion, it was determined that this may be a very cumbersome system to police and enforce.
2. All nurses, currently in practice and those in school when the legislation is enacted will be “grandfathered” into practice.
3. This is a statewide issue with moderate amount of discussion regarding the final impact on places throughout the State who currently are in need of RNs and with limited view that this situation will correct itself any time soon.
4. Feedback from break-out groups, representing all areas of the state include:
 - ◆ Begin educating early (in high schools, with counselors) on the work of nursing
 - ◆ Public education regarding: What *IS* a nurse? (Johnson & Johnson ads)
 - ◆ Articulation agreements between Community Colleges and Universities to promote a smooth transition between the two levels of education.
 - ◆ Discussion regarding “dual enrollment” for qualifying students.
 - ◆ Improved communication/collaboration between Community Colleges and Universities.

This initiative will be accomplished via legislation. We need to pay attention to this legislation, even though it does not, and will not affect those in practice at this time. This change will, I believe, provide patients throughout the state with well-rounded patient care.” BSN in Ten” is a very complex issue that requires us to communicate with our local communities about the job of nursing. It requires us to communicate with our legislators about what will provide the best care to those who ultimately hire nurses, the tax-paying residents of Illinois. This initiative has been a very long time in coming; with the previous sun setting, great strides were accomplished for the Advanced Practice nurse. When the Illinois Nurse Practice Act sunsets in 2018, I anticipate this will be the major change that will be enacted.

Stay informed. Stay engaged. Create a better climate.

Vice-President's Report

The new year is only weeks old as I write this report for the *Peri-Scope* but mother nature is having a hard time deciding if its winter or spring.

A new year typically means developing resolutions to eat healthy, lose weight, exercise, and multitude of other promises. Hopefully, on your list of resolutions is adding to your professional development by reading a research article from *JoPAN* or attending an ILSPAN or ASPAN conference. Coming in a few short weeks is ILSPAN's Spring Conference in Arlington Heights. What a great opportunity for education and to network with other perianesthesia nurses. Remember in May 2011, Illinois RN license renewal will require evidence of 20 education hours. Do you have yours?

I am happy to report that I received three award/scholarship applications: one each for the Jan Ridder Clinical Excellence Award, National Confer-

Linda Beagley, MS, RN, CPAN

ence, and Humanitarian Mission. Look below on this page for the names of the winners. As exciting as this news is, only a very small percent of the members take advantage of all the scholarship opportunities ILSPAN has to offer members. Please put on your agenda to apply for one of the scholarships in 2012. ASPAN National Conference 2013 will be in Chicago and will be a great chance for you to grow your professional development.

Have a healthy winter!



ILSPAN Award & Scholarship Winners

ASPAN National
Conference Scholarship
Jane Reinschmidt, BS,
RN, CAPA

Jan Ridder Excellence
in Clinical Practice
Award
Jan Friederich, MSN,
RN CAPA

Humanitarian Mission
Scholarship
Jane Reinschmidt, BS,
RN, CAPA

ILSPAN Scholarship and Award Deadlines

Humanitarian Mission Scholarship Deadline July 1, 2012

Research Grant Application Deadline, July 1, 2012

CPAN® and CAPA® Certification Scholarship Apply now if you certified in 2011

CPAN® and CAPA® Recertification Scholarship Apply now if you Recertified in 2011

(All CPAN® and CAPA® Scholarships will be awarded at Fall Conference 2012)

Start recruiting ASPAN/ILSPAN members for the ILSPAN Recruiter Award 2012

(Deadline for recruiting is December 31, 2012)

Contact Vice-President Linda Beagley (Contact information on page 2)

for more information and questions.



District I Director

Spring Conference application is being processed at the ASPAN National Office for contact hours. The conference will be on Saturday, March 3, 2012 at Northwest Community Hospital in Arlington Heights, IL. Lois Schick MN, MBA, RN, CPAN, CAPA will be the featured speaker. Any of you who have been to an ASPAN Seminar or National Conference know that Lois is a knowledgeable speaker who will keep your attention. Brochures were sent via e-mail to ILSPAN

District II Director

It is with mixed emotions that I write my last report as District II Director. My term will end at the 2012 Spring Conference. During the last four years, many anxious moments were spent in writing reports and/or education articles. The value of the professional growth I have gained and all of the wonderful ILSPAN and ASPAN friends I have made have been significant. I have attended two ASPAN National Conferences, an ASPAN Component Development Institute, and eight ILSPAN conferences, two of those I chaired and started a local ILSPAN Chapter. Membership in ILSPAN has increased in District II. I am pleased with all of these endeavors.

District III Director

The Winter/Spring ASPAN Seminar in District III will be Complexities and Challenges of PeriAnesthesia Nursing: Across the Ambulatory and PeriAnesthesia Continuum with Wanda Rodriguez, MA, RN, CCRN, CPAN as the speaker. It will be held at the Doubletree Hotel in Collinsville, IL on Saturday February 18, 2012. For information go to www.aspan.org and click on the education link. It is great to present this seminar in the Metro St. Louis/Southern Illinois area. I encourage you to consider attending. It is an excellent opportunity to network with nurses who work in perianesthesia.

Now that the New Year is here, I plan to explore forming a local chapter in our area. Please let me know if you are interested in meeting locally perhaps on a quarterly basis or forming a study group to prepare for certification. AORN of Southern Illinois meets the first Wednesday of every month at Memorial Edu-

Alexis Nicpon, BSN, RN, CPAN

members and postal mail to those without e-mail. If you need more information, go to the ILSPAN web site, www.ilspan.org for a copy of the brochure, or contact me. (Contact information on page 2.) Hope to see you at the conference. The ILSPAN General Membership meeting will be held at this conference. See page 14 for additional information.

Debbie Walker, BS, RN, CPAN

I am going to continue to be active in ILSPAN/ ASPAN and to promote membership and education. Please contact me if you are interested in becoming involved with ILSPAN and/or our local chapter in the Quad City area. (Contact information on page 2.)

I hope that you and your co-workers celebrate PeriAnesthesia Nurse Awareness Week (PANAW) with events at your workplace. If you do, why not enter the ILSPAN PANAW Award Contest. See page 16 for more information.

Jan Friederich, MSN, RN, CAPA

cation Center in O'Fallon, IL. Refreshments are at 6:30 PM with the educational offering at 7:00 PM. One contact hour is awarded and an AORN chapter meeting follows. All are welcome to attend. The March meeting is March 7, 2012. Contact me for future dates. (Contact information on page 2.)

The ILSPAN Fall Conference will be in District III at the National Shrine of Our Lady of the Snows, Belleville, IL on Saturday, September 29, 2012. I am in the planning stages of arranging speakers and applying for contact hours. Please mark your calendars and plan to attend

Wishing everyone a Happy and Healthy New Year and looking forward to working together to promote perianesthesia nursing.

ILSPAN Candidate Profiles for 2012

Vice President/President-Elect Wanda Ellenburg MSN RN CPAN



Wanda Ellenburg has been actively involved on the ILSPAN Board for the past 8 years. She served as the District II Director for two terms. For the past four years, Wanda has been the ILSPAN Treasurer. During this time, accounting software was implemented that allows for more precise budget planning and to give a more accurate financial picture. As Vice President/President-elect, Wanda will continue to serve ILSPAN and its members in the leadership role by continuing to maintain financial responsibility while supporting educational and scholarship opportunities for members. She will work to support ILSPAN members through interactions with ASPAN by providing education and direction for our profession of perianesthesia nursing. Wanda received ASPAN's *Above and Beyond Service Recognition* in 2011.

Wanda lives in Springfield IL where she has been employed by Memorial Medical Center, a Magnet facility, for almost 34 years. She is the Nurse Manager of a 25 bed Phase I and Phase II PACU. Wanda completed a MSN degree three years ago and is CPAN certified. She looks forward to continuing to serve both ASPAN and ILSPAN on the Board of Directors as Vice President/President Elect.

Treasurer Debbie Walker BS RN CPAN



Debbie Walker is the lead in PACU at Trinity Medical Center in Rock Island. She is currently completing her second term as District II Director. Debbie has worked in the PACU for the last 22 years. She is a diploma graduate of Moline Lutheran School for Nurses and received a Bachelor of Science from the University of St. Francis. She serves on the ASPAN Strategic Work Teams for Safety and Membership/Marketing. Debbie will continue to promote membership and education with the local ILSPAN chapter and AORN. She looks forward to continuing to serve on the ILSPAN Board and her goal is to keep ILSPAN in a good financial status and support education opportunities for the members.

District II Director Keith Schumacher BSN RN CPAN



Keith Schumacher is a staff nurse in the PACU at Memorial Medical Center in Springfield, IL. His many years in perianesthesia nursing include Educator over Pre-Anesthesia, PACU, the Gastrointestinal Diagnostic Area, and Day Surgery areas at St. John's Hospital in Springfield, IL. Keith is an active ILSPAN member. He has served as President, Vice-President, and Past President/Government Affairs Chair. He has an ADN from Lincoln Land Community College in Springfield, IL and a BSN from Mennonite College of Nursing at Illinois State University in Normal, IL. Keith is CPAN certified. Keith serves ASPAN on the Committees for Clinical Practice and Education Approver and the Strategic Work Team for Membership/Marketing.

Voting will take place on March 3, 2012 at the ILSPAN Spring General Membership Meeting.

If you cannot attend the meeting vote on-line through the ILSPAN web site www.ilspan.org by March 1, 2012.

CPAN® and CAPA® News Nursing Passion in Action™

**Congratulations to the ILSPAN Members
who certified in Fall 2011**

Scholarship Opportunity

CPAN®

Danielle Black
Mary Blake
Dena Boehm
Katherine Bourque
Nancy Coffey
Joyce Flores
Mary Luk
Agnes Melad-Juat

CPAN®

Karen Meunier
Lynn Nolan
Gerald Rebustes
Beverly Ryan
Mary Sheehy
Marie-Caroline Tess
Lisa Wand

CAPA®

Tamara Bloom
Fe Ong Castro
Evon Dowd
Jennifer Massey
Danute Mataitis
Maryann Muth
Karen Wessels

ILSPAN members who certified or recertified in 2011 are eligible for the 2012 ILSPAN Certification or Recertification Scholarship. Put your packet of information together now and submit it. If you have questions about the scholarship or point sheet contact ILSPAN Vice President Linda Beagley. (Contact information on page 2) Scholarship information and point sheet can be found on the ILSPAN website, www.ilspan.org.

Editor note: If you live outside of Illinois or Missouri and certified Fall 2011 please notify me at: mcrncapa@aol.com.

IMPORTANT DATES FOR Spring CPAN® & CAPA® CERTIFICATION TESTS

Registration window is January 10, 2012 to March 7, 2012 at 11:59 PM Eastern Time.

Examination Administration Window is April 4, 2012 to May 14, 2012.

All registration is online. Information is on the ABPANC web site at www.cpancapa.org.

There is no test given at the ASPAN National Conference.

ABPANCSM News

ABPANCSM is offering a buy one and get one free practice exam. These exams can provide a similar experience to taking the actual certification exam. Contact hours are received for taking the exams. Contact ABPANC at 1-800-6ABPANC or log on to the web site at www.cpancapa.org.



**March 19
National
Certified
Nurses
Day.**

ABPANCSM and the Illinois Nurses Association are members of the Certified Nurses DaySM Coalition. Remember to celebrate this day with your certified colleagues.

Go to this web site to find more information:
<http://www.certifiednursesday.org/index.htm>

Education Article: Oh What a Pain, Pain Can Be!

By Linda Beagley, MS, RN, CPAN

An important element required of perianesthesia nurses is to assess each patient for pain after surgery. The challenge becomes if the patient is unable to express his/her level of pain. Self reporting is the ideal and most reliable in assessing pain according to Margo McCaffery's definition "pain is what the experiencing person says it is."¹ Every effort should be made to quantify the level of pain by the patient. There are a variety of assessment pain scales that have been tested and validated to assist in obtaining a pain level. Several self reporting scales include:

- Numeric Rating Scale (NRS): used graphically or verbally. Patients are instructed to rate the intensity of their pain with 0 associated with no pain and 10 the worse pain imaginable. Utilizing a graph, the NRS consists of either a vertical or horizontal line with 0 at one end and 10 on the other side.²
- Verbal Descriptor Scale (VDS): the scale associates verbal descriptors of "no pain," "mild pain," "moderate pain," "severe pain," and "worst pain possible."²
- Wong-Baker FACES: happy and sad faces associated with a numerical scale of 0 to 10. Useful in the pediatric population.³

What can the nurse do if the patient is unable to report his level of pain? There are several factors to consider when the patient is unable to self-report his/her level. First, consider the amount of surgery or procedure just completed. Was it an invasive procedure? Did the surgeon give local anesthesia to the surgical site? Knowing surgery usually causes pain it would be appropriate for the nurse to medicate the patient even if the patient is unable to report. Secondly, what behavioral signs is the patient displaying? Is he peacefully sleeping or is he thrashing, moaning, or grimacing? The latter signs are an indication that the patient is experiencing pain.

Observational or behavioral pain scales are tools to assist in determining the amount of pain. The Critical Care Observation Tool (CPOT) has been used in critically ill patients evaluating facial expressions, body movements, muscle tension, and compliance with the ventilator or vocalization for those patients not intubated.⁴ Each section is assigned points, 0 to 2 depending on the degree of the patient's response. The FLACC (Face, Legs, Activity, Cry, Consolability) scale is used in the preverbal or nonverbal child. This scale examines each element on a 0 to 2 level providing a total pain rating of 0 to 10.³

Though not a reliable indicator, the patient may have physiological changes in response to pain. A rise in heart rate and/or blood pressure in patients may occur with sudden, severe pain. Our body likes to equalize itself and quickly adapts to the change. Other reasons more likely to cause physiological changes are due to hypovolemia, hypothermia and some anesthesia/analgesia agents.⁴ Lastly, when in doubt try giving an analgesic trial to confirm the presence of pain. Monitor the response of the patient for further dosing requirements.

Assessing pain can be tricky at times. Documentation is key and necessary. Included in the documentation are the pain scale and response, whether the patient is satisfied and what interventions were necessary. If the patient is unable to self report that is noted and a description is included on the condition of the patient. The PACU nurse must be diligent in the ongoing assessment of the pain level of the patient. References:

1. McCaffery M. *Nursing Practice Theories Related to Cognition, Bodily Pain, and Man-environment Interactions*. Los Angeles, CA: University of California at Los Angeles Students' Store; 1968.
2. Wuhrman E, Cooney M. Acute pain: assessment and treatment. *Advance Practice Nursing eJournal*. 2011; 11(1).
3. Boss M, Ewing P, Long S. Pain management in the PACU. In: Drain C, Odon-Forren J, eds. *Perianesthesia Nursing: A Critical Care Approach*. St. Louis, MO: Saunders; 2009: 439-440
4. Pascero C. Challenges in Pain Assessment. *J Post Anesth Nurs*. 2009;24(1):50-54

Clinical Practice Corner by Sylvia Baker, MSN, RN, CPAN



Several times each year, the ASPAN Clinical Practice Committee fields questions regarding recovering ventilated patients in the PACU or bypassing the PACU with ICU patients. In light of these questions/concerns, ASPAN has no Standard to provide a policy-type of direction for the PACU practitioner. In the 2010-2012 Perianesthesia Nursing Standards and Practice Recommendations, Practice Recommendation 8 is *Fast Tracking the Ambulatory Surgery Patient*, which addresses bypassing PACU Phase I and delivering the patient to Phase II recovery¹. This recommendation does not really address the issue of the critical patient, who is ventilated, going directly to ICU from the OR.

One resource that might be of assistance to anyone with this question is: Position Statement 5: *A Joint Position Statement on ICU Overflow Patients developed by ASPAN, AACN, and ASA's Anesthesia Care Team Committee and Committee on Critical Care Medicine and Trauma Medicine*², which states "The primary responsibility for Phase I

PACU is to provide the optimal standard of care to the postanesthesia patient and to effectively maintain the flow of the surgery schedule" and "Phase I PACUs are, by their nature, critical care units, and as such staff should meet the competencies required for the critically ill patient." These competencies should include, but are not limited to, ventilator management, hemodynamic monitoring and medication administration, as appropriate to their patient population"².

The important issues to keep in mind are these: 1. the same standard of care must be met for the patient recovering from anesthesia, regardless of *where* that process occurs and 2. patient safety issues must always be at the forefront of consideration for the best location of the patient's recovery.

There are many times when ventilated post-operative patients become the subject of "turf wars." Where I work, a policy was developed to help guide and direct those in charge in making appropriate decisions on patient placement in these situations. This normally is a three-way conversation between the Anesthesia Care Provider, PACU Charge nurse, and ICU Charge nurse. The PACU staff generally contends that the patient will not be "recovered," especially if they are to remain intubated; the ICU staff members' stance is usually one of staffing: one-to-one care for a specified length of time (many ICU nurses are not well versed on anesthetic agents and recovery). It was for these reasons that we established our policy to promote open communication and determine the safest, best placement for the patient.

In summary, ASPAN has not taken any specific stand on this issue. In discussions with colleagues from across the nation, many organizations have created their own "fix" of this type of situation through the development of a policy, such as the one briefly described here.

References:

1. American Society of Perianesthesia Nurses, *Perianesthesia Nursing Standards and Practice Recommendations 2010-2012*. Cherry Hill, NJ: ASPAN; 2010, 45-46
2. American Society of Perianesthesia Nurses, *Perianesthesia Nursing Standards and Practice Recommendations 2010-2012*. Cherry Hill, NJ: ASPAN; 2010, 113-115

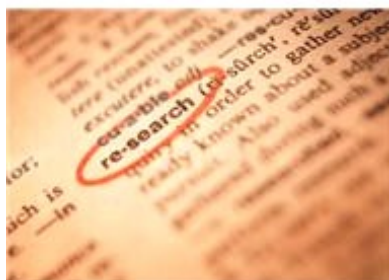
ILSPAN

Research Grant Application

Deadline is July 1 2012

Contact ILSPAN Vice President Linda Beagley for application and information.

(Contact Information on page 2.)



Spotlight on ILSPAN Members

District I



Fe O. Castro, BSN, RN, CPAN, CAPA is currently a preceptor and recovery room nurse at Sherman Hospital in Hoffman Estates, IL. She graduated from the Far Eastern University in Manila.

What she enjoys most working at Sherman is variety of patients in the Phase I and Phase II PACU. She has been working recovery for 15 years and still enjoys it. Fe says, "Every day is different and every day I still learn new things. It is very satisfying when you see your patient recover so fast with very minimal pain or discomfort."

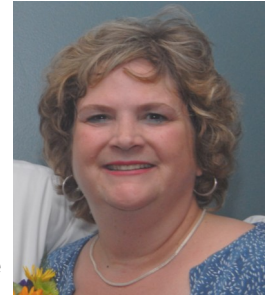
This year Fe attended the ASPAN National Conference in Seattle and the first International Peri-anesthesia Conference in Toronto, Canada (ICPAN). At ICPAN, she met Kim Kraft, ASPAN Immediate Past President, Jane Reinschmidt, ILSPAN President, and Linda Beagley, ILSPAN Vice President. Fe said, "They made me feel very comfortable and I thought I should get involved more with ILSPAN." She felt honored to get a picture taken with them.

Fe's ILSPAN membership has been her direct link to the perianesthesia world outside of her institution. Fe feels that "Being a member helps me keep update with the best practices so I can give the best care to my patients."

In 2011, Fe accomplished a professional goal by becoming dual certified, passing the CPAN in May, and CAPA in November. Now she will encourage her fellow coworkers to do the same.

Her interests outside of nursing include reading and listening to music. She has been married for 31 years to Bobby and they have four daughters, Diana, Jennifer, Aileen, and Christina. She enjoys spending time with her family that is usually centered around food.

District II



Lorrie Dasso, RN graduated from Black Hawk College School of Nursing in 1983 and has worked at Trinity Medical Center in Rock Island, IL since 1981. She started her nursing career on the medical floor, night shift. She has worked pediatrics and critical care. The last fifteen years Lorrie has worked part time three days a week in the PACU. She is a member of the CAP (Clinical Advancement Program) Committee and maintains CAP Level III. Lorrie enjoys PACU because she is able to use critical care skills when needed and each case is a new experience. PACU is a variety of patients with individual needs. She is privileged to work with a close group of *seasoned* RN's who work well together to give patients the best care.

Nine years ago this month, Lorrie had a kidney transplant at the University of Wisconsin, Madison. She worked until two weeks before the surgery, being very fortunate not to be on dialysis. Her kidney disease, Glomerular Nephritis, caused from a Strep infection, was slow, progressing over 20 years. Her life saving gift came from a living donor, her brother. After a week in the hospital, Lorrie was discharged and traveled the three hours home. It was overwhelming at first for her with many meds and frequent labs. Now it is a way of life.

Lorrie lives in Milan, IL with her husband, Pete. They have three grown sons, Drew, Ben, and Chris and two yellow Labs, Turbo and Miley. Drew was married last July so Lorrie is praying for grandkids.



Spotlight on ILSPAN Members

District III



Beverly Meister RN graduated with a Diploma of Nursing from Jewish Hospital School of Nursing, St. Louis, Missouri in 1974. She has worked for Memorial Hospital in Belleville, Illinois for nearly 40 years, two years as a nursing assistant and 38 years as an RN.

Beverly's first 10 years of nursing experiences were in medical-surgical nursing, then 2 years in the Admission Testing Center, and the last 26 years in Outpatient Surgery.

In 1982, Beverly was among a small group of nurses who founded the Admission Testing and Outpatient Surgery Departments. She currently is the Charge Nurse of the 36 room Outpatient Surgery and Treatment Center at Memorial. The Department sees a variety of surgical and treatment patients, including such services such as blood transfusions, injections, dressing changes and other IV therapies.

Beverly joined ASPAN/ILSPAN to gain insight into perianesthesia nursing practice and to stay current with the professional standards. She enjoys reading the Journal of PeriAnesthesia Nursing. Beverly had the opportunity to attend an ASPAN National Conference in Grapevine, Texas a few years ago.

Beverly is an active member of the Unit Practice, Customer Service and Perioperative Collaboration committees. She also volunteered to help the Auxiliary with Memorial's 50th anniversary celebration. Beverly participated in walks for Strides against Breast Cancer, March of Dimes, and American Heart Walk.

Presently Memorial is implementing a new electronic medical record system. Beverly is an application coach to help educate and train staff in the new system. She received the Nurse Excellence Award after being nominated by her peers. Beverly also participates in the Professional Development Program.

Beverly has been married to her husband, Steve for 38 years. They have 3 grown children and 3 grandchildren. She enjoys boating and spending time with her family.

New Member

Donna Burman, RN is a staff nurse in the Ambulatory Surgery Unit at Evanston Hospital in Evanston, IL and lives in Skokie, IL. Her previous experience was thirty-five years in obstetrics (OB) with thirty-two of those years in a Level III Perinatal Center Labor and Delivery. She is a member of the Corporate Professional Education Committee at Evanston Hospital.



Donna joined ILSPAN/ASPAN because she believes in being a member of the governing body for the specialty nursing organization of the specialty in which she works. While working in OB she was a member of the Association of Women's Health, Obstetrics and Neonatal Nurses (AWHONN). She hopes that there will be local educational opportunities with ILSPAN.

Donna and her husband, Don, have been married for 34 years. They grew up in the same neighborhood, went to the same grade school. Donna and Don's brother were in the same class, K-8 so Donna says "It's hard to have any secrets!". Donna and Don have two grown sons.

For pleasure, Donna loves to sail on Lake Michigan and finds relaxation with Vinyasa Yoga which she discovered a few month ago. Being born and raised in Chicago, Donna considers it the best city in the United States even though she prefers warm, sunny weather. Donna bleeds "Cubbie" blue and hopes they at least get to the World Series sooner than later. She feels there is nothing better than "the friendly confines of Wrigley Field on a beautiful summer afternoon."



**Notes from the ASPAN Board of Directors
Mid-Year Meeting
Regional Director, Region 3 Martha Clark, MS, RN, CPAN**

The ASPAN Board of Directors meets in face-to-face sessions three times a year. The first meeting occurs on the Saturday before National Conference, the second on the Friday after National Conference, and the third meeting occurs in November, known as the Mid-Year meeting. All meetings are open to ASPAN members. The 2011 mid-year meeting was held in San Antonio, TX. The Agenda for each meeting is prepared well in advance of the meetings and includes reports from the President, Nominating Committee, all other Committees, SWTs, SPGs, Regional Directors, Directors for Research, Clinical Practice, and Education.



Highlights from the 2011 Board Meeting included the following:

- ◆ ASPAN membership – 14,176
- ◆ CDI Attendees- 143
- ◆ New Marketing Plan to be rolled out January, 2012
- ◆ Resignation of *Breathline* Editor, Joni Brady
- ◆ Report of Nominating Committee by Kim Kraft, ASPAN Immediate Past President
- ◆ ASPAN Standards and Recommendations for Practice will be voted upon at conference
- ◆ Proposal for increase in membership fee
- ◆ Proposal to offer all ASPAN members access to the Joanna Briggs Institute for Nursing Research
- ◆ Donation (\$500) to Life Box by ASPAN to assist in providing Pulse Oximeters to Third World Countries
- ◆ Selection of Las Vegas for the 2014 National Conference Site
- ◆ Selection of San Antonio for the 2015 National Conference Site

I encourage each perianesthesia nurse to visit the ASPAN website at www.aspan.org. The web site features the new ASPAN logo and coordinating color change. While visiting the website, please review the profiles of each candidate running for office, and place your vote. It is only by your vote that component leadership will know how to place their votes during Representative Assembly, (RA) on Sunday, April 15, 2012.

The next meeting of the ASPAN Board of Directors is Saturday, April 14, 2012 at the National Conference in Orlando, FL.

ASPAN News



ASPAN

American Society of PeriAnesthesia Nurses

ASPAN has adopted a new corporate logo, effective January 1, 2012. The new logo is shown above. The original logo adopted in 1980 is shown to the right. The original logo will continue to be used on some ASPAN documents. If you have not visited the ASPAN web site, www.aspan.org, recently, the site has a new design.





ASPAN

American Society of PeriAnesthesia Nurses

ASPAN News & Notes

ASPAN has an attractive new promotional brochure, which includes an overview of the many benefits that are available to members. The publication is available to members along with membership applications forms upon request from the National Office. Contact the National Office by e-mail at aspan.aspan.org or toll free at 877-737-9696 to request copies



ASPAN's 31ST National Conference

**“Beacons of Change Focusing
on the Future”**

April 15-19, 2012 at The Hilton Orlando, Orlando,
FL. Conference Brochure is on the ASPAN web site
www.aspan.org

Volunteer Opportunities at National Conference

A great way to network and meet old and new friends is to volunteer at the National Conference. Contact Information is:

Host/ Hostess: Patricia Legg 904-868-1392 legggpc@att.net

Moderator: Sheri Bowell 253-517-3988 sheri.rn.capa@comcast.net

ASPAN Shoppe: Jane Lind janelind@sc.rr.com

ASPAN Resource Development Strategic Work Team (SWT)

This ASPAN SWT works to provide ASPAN members with scholarships for advanced degrees, to achieve certification, for education opportunities and for humanitarian missions. It promotes public awareness and education and rewards individual accomplishments and achievements. At ASPAN National Conference the 17TH Annual Dream Walk will take place on Sunday April 15. Be sure to sign up as part of the ILSPAN Team. Bring an item to conference to donate in the name of ILSPAN to the Silent Auction in the Exhibit Hall. While in the Exhibit Hall, try being a winner in the *Wheel of Standards Game*. It's just a few dollars to play and you can be a winner! The Development Luncheon on Wednesday, April 18, will feature Lois Schick, MN, MBA, RN, CPAN, CAPA speaking about *Leadership Behavior: What Character Are You?*

Help ILSPAN support ASPAN Resource Development SWT

ILSPAN Spring Conference March 3, 2012

Northwest Community Hospital Arlington Heights, IL



Will it be a Winter Day?

The weather in northern Illinois is *uncertain* but the learning experience at the ILSPAN Spring Conference will be *certain*. National Speaker Lois Schick MN, MBA, RN, CPAN, CAPA has a full day of learning planned. Topics are:

- What's new in Orthopedics?
- What's new General Surgery
- Care of the Bariatric Patient
- Care of the Chronic Pain Patient
- Care of the Geriatric Patient
- Cardiovascular Emergencies in the PACU
- Use of End Tidal CO² in the PACU



Will it be a Spring Day?

Conference brochures were sent to members in January 2012. If you missed the e-mail, brochures can be found and downloaded from the ILSPAN web site, www.ilspan.org. Register by February 22, 2012. A registered nurse may receive up to 7 contact hours for this activity. Contact any Board Member for more information. (Contact information on page 2.) ILSPAN members in attendance will be eligible for the scholarship drawing. A continental breakfast, box lunch and afternoon break are included with the cost of registration. Illinois RN's remember you need contact hours to renew your license in 2012.

ILSPAN will hold a General Membership Meeting during lunch to elect and install the 2012 Board of Directors and to bring members up to date on ILSPAN business. New this year at conference will be a membership table where you can find out about ILSPAN Scholarships and have help in filling out the applications. ILSPAN wants members to apply for all of the scholarships. Focus will include the CPAN® and CAPA® Scholarships for those who certified or recertified in 2011.

Information about ABPANCsm and certification will be available at the ABPANCsm table.



Illinois PACU Visitation Policy Need Help????

On March 4, 2011 the Illinois Department of Public Health (IDPH) ratified changes in the PACU visitation rule. As part of those changes hospitals were to adopt a policy, approved through the Governing Board, that allowed for visitation in Phase I PACU. The policy was to include at least six items as stated in the *Administrative Rule 250.1350 Postanesthesia Care Units*.

Is your facility's policy up to date? Do you need help in writing the policy? ILSPAN can help you. Contact a Board Member for help with this or with any policy with which you are struggling. The Board is here to help the members.

(Contact information on page 2.)

Editorial Comment

Sitting down to write this message, I consider the benefits of belonging to ASPAN and ILSPAN. The vision that occurred thirty plus years ago in Florida by the nurses from across the country, proved to be amazing. Today over 550 nurses belong to ILSPAN and nation-wide over 14,000 nurses belong to ASPAN. In 2011, perianesthesia nurses attended the first International Conference for Peri-Anesthesia Nurses (ICPAN) in Toronto, Canada. ICPAN is scheduled again in 2013. Benefits of membership include education, scholarships, publications, and networking across the country and the world. The Perianesthesia Nursing Standards and Practice Recommendations help you provide credible, meaningful, and safe care to patients in your practice setting. ASPAN members collaborate with anesthesiologists, operating room nurses and other specialty nursing organizations. These collaborations help ASPAN to bring members the latest information for education, patient care, and research.

My challenge to you in 2012 is to use your membership fully. Read *Breathline* and the *Journal of Perianesthesia Nursing*. Look for ways to improve your practice. If you have clinical concerns contact the ASPAN Clinical Practice Committee with your question. Attend a conference or seminar,

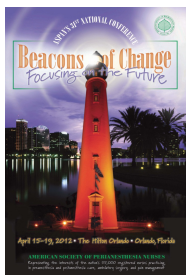
Marigrace Clarke, RN, CAPA

(members pay less than non-members do). Most of all, take advantage of the scholarship opportunities that are available to you. Don't know what they are? Ask any ILSPAN Board Member for help. All the contact information is on page 2 of *Peri-Scope*. You can easily contact ILSPAN through the web site, www.ilspan.org, by just clicking on the "E-mail Us Now" link on the top of the home page. Use the benefits of your membership!!!

Research is a way to advance patient care. ILSPAN is encouraging members to join in the research process. The ILSPAN Research Grant is available to members to help fund the research. Look at your practice; see if it is evidence-based. Is there is a research project needed to provide the evidence? Check out policies to see if something needs research. There are many possibilities for a research project. ILSPAN is here to help you.



This year in Orlando at the ASPAN National Conference ILSPAN leaders would like to meet with the members attending. Please watch the bulletin boards near registration for information. I do hope to meet and to network with you.



ILSPAN at National Conference

If you are attending ASPAN National Conference please contact an ILSPAN Board Member (Contact information on page 2.) ILSPAN would like to walk as a group in the Dream Walk on Sunday morning April 15th. Component Night activities are in the planning stages for Sunday evening April 15th so contact the Board and be a part of this fun evening.

ILSPAN is planning a social event for Wednesday, April 18, 2012 and would like all ILSPAN conference attendees to come. Be sure to watch the bulletin board at conference for more information.

Your input is important

ILSPAN Representative Assembly (RA) Members need your Candidate Selection Feedback Form by February 29, 2012.

At the 2012 ASPAN RA, the two ILSPAN representatives will vote in the ASPAN election. In order to represent you, the members, the ILSPAN RA's need you to select the candidates you think would represent ILSPAN on the ASPAN Board of Directors. Go to the ASPAN web site www.aspan.org and log in, then on the Home Page, click on the 2012-2013 Candidate Profiles. Read about the candidates and then follow the directions to make your selections. It is important that you let your ILSPAN RA members know your choices.

**Deadline for your choices is
February 29, 2012**

Welcome New ILSPAN Members who joined September to December 2011

<u>District I</u>	<u>District I</u>
Donna Burman	Judith Reynolds
Vicki Dwyer	Susan Smith
Michelle Johns	Debra Townander
Edwina Kugel	Alyce Verhaeghe
Mital Mehta	<u>District II</u>
Rehana Melo	Sharon Johnson
Evelyn Meyer	Jill Teubel

ILSPAN Recruiter of the Year Award

The ILSPAN Award is payment of your ILSPAN and ASPAN dues for one year. You must recruit at least four members to be eligible for the award. Be sure to recruit and have your name listed as the recruiter on the application form under *General Information*.

As a recruiter you are entered into the ASPAN Member-Get-A-Member Recruiter Awards. Award timeframe is January 1 to December 31, 2012.

Recruit for the 2012 Award all year.

Governor Pat Quinn proclaims PeriAnesthesia Nurses Week



PeriAnesthesia Nurse Awareness Week (PANAW) February 6-12, 2012



Did you celebrate?

The ILSPAN PANAW Award will be presented at the Spring Conference 2012.

Criteria for the award includes Education, Professionalism of the Perianesthesia Unit and Team Spirit. Send the itinerary, photos and descriptions of events to:

ILSPAN Membership & Marketing Chair

Kathy Harris RN, CAPA,
4114 Ninety First Avenue,
Florissant MO 63034

If you have questions e-mail Kathy at

kharris429@yahoo.com

Postmark Deadline February 22, 2012

ILSPAN
Willingness to Participate Form

Name _____

Address _____

City, State, Zip _____

Home Phone _____

E:mail _____

ASPAN Membership # _____

Place of Employment _____

Please circle position of interest:

- BOD position _____
- Editor/publication committee
- PR/Marketing
- Computer networking

Previous experience that will help me:

My goals for this position:

Questions I have:

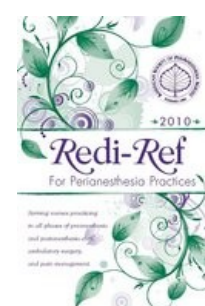
Submit form on line at www.ilspan.org or mail to:

Linda Beagley, MS, RN, CPAN
204 Freeport Drive
Bloomington, IL 60108
E-mail: beagley@ameritech.net

ASPAN
Publications

The 2010-2012 *Perianesthesia Nursing Standards and Practice Recommendations* and the *Redi-Ref for Perianesthesia Practices, 4th Edition* are available on the ASPAN web site, www.aspan.org.

The *Redi-Ref* is available in a print or flash drive version. These items are available to ASPAN members at a discounted price.



Peri-Scope

Published three times a year by the Illinois Society of Peri-Anesthesia Nurses

Publication deadlines

Winter Issue.....January 1

Spring/Summer Issue.....May 1

Fall Issue.....September 1

Mail or e-mail copy to:

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ILSPAN Core Purpose

The Illinois Society of Perianesthesia Nurses advances nursing practice through education, research, and standards of practice.

The Society exists to serve needs of membership at the component level.

ILSPAN Website

www.ilspan.org

Web Editor: Kim Kraft, BSN, RN, CPAN

E-mail: kmkcpan@swbell.net



Looking Ahead.....

ILSPAN Spring Board Meeting, Arlington Heights, IL.....March 2, 2012

ILSPAN Spring General Membership Meeting, Elections, & Conference,

Arlington Heights, IL.....March 3, 2012

National Certified Nurses Day.....March 19, 2012

ASPAN 31ST National Conference, The Hilton Orlando, Orlando FL.....April 15-19, 2012

ASPAN Seminar "Surrounding Your Practice with Excellence: Legalities, Standards & Advocacy"

Springfield IL with Meg Beturne, MSN, RN, CPAN CAPA.....June 23, 2012

ILSPAN Research Grant Application Deadline.....July 1, 2012

Humanitarian Mission Scholarship Application Deadline.....July 1, 2012

ILSPAN Summer Board Meeting, Springfield, IL.....July 14, 2012

ILSPAN Fall Board Meeting, Belleville, IL.....September 28, 2012

ILSPAN Fall Conference, Belleville, IL.....September 29, 2012



Check the ILSPAN and ASPAN websites for additional details

www.ilspan.org or www.aspan.org

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